



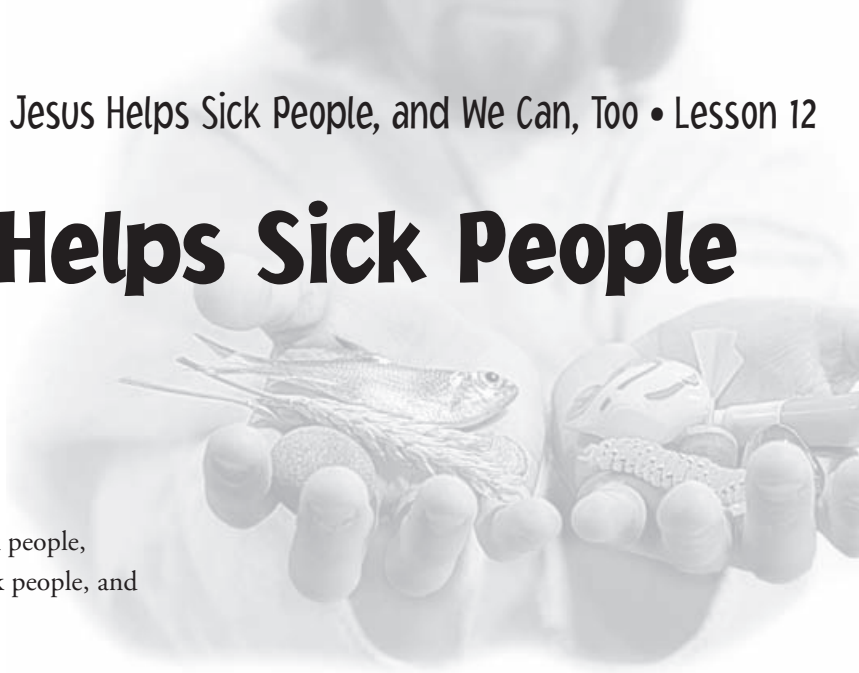
# Jesus Helps Sick People

## Bible Verse

Jesus helps us all (adapted from Matthew 11:28).

## Growing Closer to Jesus

- Children will
- understand that Jesus helps sick people,
  - discover ways they can help sick people, and
  - thank Jesus for helping them.



## Teacher Enrichment

### Bible Basis

- Jesus helps sick people, and we can, too.

**Luke  
5:17-26**



In our Bible story, Jesus was the one who did the healing. However, without the men who brought their paralytic friend to Jesus, the man would have missed the opportunity to be healed. His friends helped him be healed by bringing him to Jesus. God placed in their hands an awesome responsibility, and we share that responsibility when it comes to our friends.

Sometimes all we can do for sick people is pray—and that's the best thing! But we can also help them by taking food, by visiting to give them encouragement, or by helping them get to an appointment. Helping sick people is part of sharing God's love with others.

Even toddlers can begin to help sick people. When a parent or sibling is sick, toddlers can bring encouragement and joy by showing that they care. And you have the opportunity to plant attitudes of caring in your toddlers with this lesson!










### Prayer

- Read Galatians 5:13-14.
- How does this passage connect with today's Bible story?
- What part of this passage do you need to live up to more fully?
- Pray: Lord, help me to serve others more faithfully. Help me to show your love by...

### Before the Lesson

- Collect items for the activities you plan to use, referring to the Classroom Supplies and Learning Lab Supplies listed in the chart on the next page.
- Pray for the children in your class and for God's direction in teaching the lesson.

# This Lesson at a Glance

	What Children Will Do	Classroom Supplies	Learning Lab Supplies
<b>Arrival Activities</b>  Direct children to one or more of the optional activities until everyone arrives.	<b>Welcome Time</b> —Receive a warm welcome from the teacher and Cuddles the Lamb.	Name tags (p. 8), scissors, marker, tape or safety pins, CD player	
	<b>Option 1: Clothespin Pals</b> —Make pretend pals from clothespins.	Non-pinch wooden clothespins, yarn, markers, index cards, scissors, white craft glue	
	<b>Option 2: Hospital Helpers</b> —Care for “sick” dolls and stuffed-animal friends.	Doll blankets or towels, stuffed animals or dolls, paper cups, boxes, old white shirts	
	<b>Pick-Up Time</b> —Sing a song as they help clean up the room.	CD player	
<b>Bible Story Time</b>	<b>Bible Song</b> —Sing a song about the Bible.	Bible, CD player	
	<b>Jesus Helps Sick People</b> —Interact with sensory items on the StoryBoard as they hear the story from Luke 5:17-26 of Jesus healing the paralyzed man.	Box of crackers, medium-sized box, paper, tape, Clothespin Pals from Option 1	
	<b>The Ah-CHOO Song</b> —Sing a song about how Jesus helps sick people.	CD player, facial tissues	
<b>Bible Activities</b>	<b>Cheerful Ah-Choos</b> —Decorate tissue boxes to give to their families.	Unopened tissue boxes, plain white or colored paper, crayons, glue sticks, scissors, stickers, CD player	
	<b>Interactive Bible Bulletin Board</b> —Review the Bible Point with Cuddles the Lamb as they create a bulletin board together.	Hospital-helper patterns (pp. 168-169), tape, scissors, crayons or markers, small adhesive bandages	
	<b>Sing It Out</b> —Sing a song about how Jesus helps sick people.	CD player, facial tissues	
	<b>Bible Craft</b> —Make little books to “read” at home.	Paper; crayons; markers; craft supplies such as glitter glue, glue sticks, stickers, ribbon and fabric scraps	
	<b>Bible Game</b> —Sing the active “Alphabet Soup Song.”		
	<b>Happy Smiles</b> —Say a prayer, and have a snack.	String cheese, napkins	

\*See the end of this lesson for extra-time ideas and supplies.

# Arrival Activities

## Welcome Time

**SUPPLIES:** name tags (p. 8), scissors, marker, tape or safety pins, CD player



- Play “Jesus Helps Us All” (adapted from Matthew 11:28) (track 14) from the CD as children are arriving.
- Use Cuddles the Lamb to help you greet each child by name and with a warm smile.
- Tape or pin a name tag to each child’s clothing.
- Say: **Today we’re going to learn that ► Jesus helps sick people.**
- Place Cuddles out of sight so the children won’t be distracted by him during the next activity.



## Option 1: Clothespin Pals

**SUPPLIES:** wooden clothespins, yarn, markers, index cards, scissors, white craft glue

Before class, cut a 12-inch length of yarn for each child. You’ll also need a wooden clothespin for each child. Be sure the clothespins do not have spring-type hinges.

Set out the clothespins, yarn, fine-tipped markers, white craft glue, and index cards. Invite children to make Clothespin Pals by using markers to add faces to the clothespins. Tie a piece of yarn around the center of each Clothespin Pal, making sure the knot is on the pal’s “tummy.” Help children glue index card “mats” under their Clothespin Pals. Tell children that Jesus healed the man who was lowered through the roof by his friends. Point out that the friends helped the man when he was sick. Remind toddlers that ► Jesus helps sick people and that we can help them, too.



## Option 2: Hospital Helpers

**SUPPLIES:** doll blankets or towels, stuffed animals or dolls, paper cups, boxes, old white shirts

Set up a pretend hospital in one corner of the room. Provide boxes for beds, doll blankets or towels, paper cups, and “sick” stuffed animals or dolls as patients. Also provide a few old white shirts for the children to wear as “lab coats.” Encourage children to be pretend doctors and nurses and care for their stuffed animal or doll patients. Remind children that ► Jesus helps sick people, and then point out that Jesus wants us to help others, too. Encourage children to name hospital helpers such as nurses, doctors, cooks, and ambulance drivers.



## Pick-Up Time

**SUPPLIES:** CD player



As Arrival Activities draw to a close, gently mention that it will soon be time to clean up. Encourage children to help you pick up things in the room as you lead them in singing “Let’s Pick Up All Our Things” (track 2). Use the CD and sing the song to the tune of “Looby Loo.”



If you use tables in your classroom, make sure they’re child-sized. Forcing children to work at adult-sized tables can cause spills, messes, and even accidents.



Let's pick up all our things.  
Let's pick up all our things.  
Let's pick up all our things  
And put them all away.

Everyone here can help.  
Everyone here can help.  
Everyone here can help.  
Let's put it all away.

Let's pick up all our things.  
Let's pick up all our things.  
Let's pick up all our things.  
It's time to stop our play.

**teacher tips**

If not all the children made Clothespin Pals, have a helper make extras. You'll use the Clothespin Pals later in the lesson.

## Bible Story Time

### ■ Bible Song

*SUPPLIES: Bible, CD player*



Say: **Who helps sick people? ► *Jesus helps sick people.* How do we know that? The Bible tells us. The Bible tells us that ► *Jesus helps us all.* Show children the Bible. **The Bible is God's special book. The Bible tells us about God. Let's sing a song about the Bible.** Using the *CD*, lead children in singing "God's Special Book" (track 3) to the tune of "Row, Row, Row Your Boat."**



This is God's special book.  
Yes, it's God's book you see!  
I learn about all God has done  
And his love for me!  
(Repeat.)  
**Bible!**

**teacher tips**

If you have very young children in your class, let them simply find and touch StoryBoard pictures and sensory items. Repeat the Bible Point often, and reinforce learning with hugs and smiles.



### ■ Bible Story: Jesus Helps Sick People

*SUPPLIES: box of crackers, medium-sized box, paper, tape, Clothespin Pals from Option 1*



Before class begins, be sure the sensory items are still attached securely to the StoryBoard so children can touch them without danger of pulling the items off or putting them into their mouths.

Unfold a medium-sized box to make a cardboard "mat."

Cover Panels 2 and 3 of the StoryBoard by taping a sheet of paper over each panel. Have children wash their hands.

**Panel 1**



Set the punch-out figure of the man on the felt mat from Sensory Packet 3, the cardboard mat, and the crackers next to you. Hold the StoryBoard so children see Panel 1.

Say: **We're going to hear a Bible story about how ► Jesus helps sick people.** Point to the man on the mat on Panel 1 and say:

**This man couldn't move his legs. He couldn't walk or run or hop. But the man had nice friends. When the man needed to go somewhere, his friends carried him on a mat. We can touch the man's mat.** Let children find and touch the mat.

Ask: • **How does the mat feel?** (Soft; nice.)

Say: **The friends knew that ► Jesus helps sick people. They wanted Jesus to help the man walk. So the friends carried the lame man to see Jesus. Can you find the road they traveled on?** Let children find and touch the road and the cloud on Panel 1.

**We'll pretend to carry each other like the friends carried the man on the mat.** Set the cardboard mat on the floor, and let toddlers take turns lying on it while the rest of the group pulls the mat a short way across the floor. When everyone has had a turn on the mat, say: **That was fun! Now let's sit by the StoryBoard and hear more of the Bible story.** Pause for children to be seated.



It's important to say the Bible Point just as it's written in each activity. Repeating the Bible Point over and over throughout the lesson will help kids remember it and apply it to their lives.

**Panel 2**



Reveal Panel 2. Say: **When the friends came to the house where Jesus was, what do you think they saw? They saw people! Lots of people were at the house! The friends couldn't get through the door.** Shake your head as you slowly say the following rhyme:

**No room, no room—not even for a mouse!  
How could they fit in that crowded little house?**

Repeat the rhyme and encourage children to shake their heads as they say it with you.

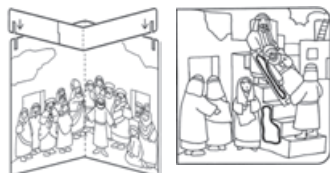
Say: **Let's pretend we're in a crowded house. Stand up and hold hands.** Form a circle, and have children hold hands. **This is a big house! Now let's make a smaller house.** Slowly walk until you are standing close together. **Now let's make a really crowded little house!** Walk toward the center of the circle and stand close together. **We can say our rhyme together.**

**No room, no room—not even for a mouse!  
How could they fit in that crowded little house?**

Ask: • **Who can find Jesus in the crowded house?**

Give children each a turn to find Jesus and touch his beard on Panel 2. Then say: **Jesus was in the house helping people, but how could the man's friends get inside?**

**Panels 2 & 3**



Reveal Panel 3 of the StoryBoard, which shows the stairs. Say: **The sick man's friends had an idea. They carried the man up, up, up the steps—up to the rooftop. Let's touch the stair steps.** Hold the



StoryBoard so children can touch the steps. Then say: **We can make pretend steps to eat.** Hand each child three small crackers. Show children how to stack the crackers like steps. Then let them “walk” their fingers up the “steps” as you say the following rhyme.

**Step, step, step, step—up they go.  
Step, step, step, step—don’t be slow.**

**That was fun! Now you can eat your make-believe steps and listen to the rest of the story.**

**The friends made a hole in the roof.** Wiggle your fingers through the opening on Panel 2. **Then they lowered the man on the mat down, down into the house.** Lower the punch-out figure on the mat down through the roof on Panel 2. **We’ll lower our Clothespin Pals through the hole in the roof.** Let children take turns lowering the Clothespin Pals from Option 1 through the hole in Panel 3.

**Jesus saw the man on the mat and said, “I forgive the wrong things you’ve done. Pick up your mat and go home.” Suddenly** (lift the figure from the mat and move the legs back and forth), **the man’s legs moved, and he could walk! Jesus had healed the man. Let’s clap to show how happy we are that** **▶ Jesus helps sick people.** Clap with the children.

**Then the man praised and thanked God that he could walk!** Let children move the legs on the punch-out figure back and forth. Encourage children to say, “Thank you, God.”

**It was good that the friends brought the man to Jesus. And it’s wonderful that** **▶ Jesus helps sick people.** Let’s sing a song about how Jesus helps us when we’re sick.

## ■ *The Ah-CHOO Song*

**SUPPLIES:** CD player, facial tissues



Hand each child a facial tissue, then lead children in singing “The Ah-CHOO Song” (track 11) to the tune of “Old MacDonald.” Sing the song with the CD, and do the motions in parentheses.



**Jesus helps us when we’re sick** (*point upward*)  
**And have a cold—ah-CHOO!** (*Pretend to sneeze.*)  
**Jesus helps us when we’re sick** (*point upward*),  
**And I can help out, too.** (*Point to yourself.*)

**Cough—cough—’CHOOO!** (*Make coughing and sneezing sounds in place of the words.*)  
**God bless you!** (*Make a slight bow.*)  
**Do you need a tissue, too?** (*Hold out a facial tissue.*)  
**Jesus helps us when we’re sick** (*point upward*)  
**And have a cold—ah-CHOO!** (*Pretend to sneeze.*)

(Repeat.)

Say: **It’s fun singing songs about sneezes, but it’s not fun to have a real cold! I’m so glad that** **▶ Jesus helps sick people.** Let’s make a little gift to give our friends and family if they have the sniffles.



**Important:** Put the StoryBoard away and out of reach of children.



# Bible Activities

## ■ Cheerful Ah-Choos

**SUPPLIES:** one unopened box of facial tissues for each child, white or colored paper, stickers, glue sticks, scissors, crayons, CD player



track 14



Remove the “*Symbols of Jesus*” rubbing plates from the Learning Lab.

Give a box of facial tissues to each child. Say: **When we have a cold, isn’t it nice to know that ► *Jesus helps sick people?* Let’s decorate these tissue boxes to give to our families for the next time they get sick.**

Allow the children to use the rubbing plates with blank white or colored paper. To use the rubbing plates, place the plate under a sheet of paper. Then rub a crayon over the paper until the image appears.

Next, have an adult help the children cut out their drawings and glue the pictures on the tissue boxes. Then provide stickers for children to use to decorate the boxes.

As children work, play “Jesus Helps Us All” (adapted from Matthew 11:28) (track 14) in the background. If you have time, lead children in singing the lyrics to the tune of “Row, Row, Row Your Boat.” For extra fun, show children how to do the motions in parentheses.



SING

**Jesus loves us all** (*cross hands over heart*),  
**He loves us all the time.** (*Turn in a circle.*)  
**Me and you** (*point to self and another*),  
**His love is true.** (*Point up.*)  
**He loves us all the time!** (*Cross hands over heart.*)

**Jesus helps us all** (*extend arms, palms up*),  
**He helps us all the time.** (*Turn in a circle.*)  
**Me and you** (*point to self and another*),  
**His love is true.** (*Point up.*)  
**He helps us all the time!** (*Extend arms, palms up.*)

When children have finished decorating the boxes, write their names on their projects. Then gather everyone together. Say: **These tissue boxes can help sick people feel better!**

Ask: • **What else can we do for sick people?** (Tell them Jesus loves them; bring them some medicine; give them a hug.)

• **Why should we help sick people?** (Because Jesus does; because we love them; to help them feel better.)

Say: **Take your decorated tissue box home, and give it to someone who might get the sniffles. Tell your family that ► *Jesus helps sick people.* Jesus also sends other people to help when we’re sick. Let’s go to our bulletin board hospital or doctor’s office and see who’s there to help when we are sick.**



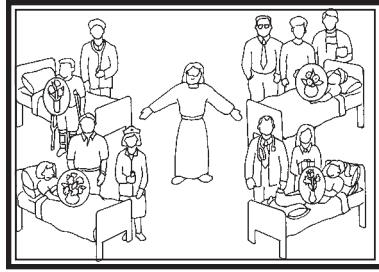
◀ BIBLE POINT



◀ BIBLE POINT

## ■ Interactive Bible Bulletin Board

**SUPPLIES:** hospital-helper patterns (pp. 168-169), tape, scissors, crayons or markers, small adhesive bandages



Before class, photocopy the hospital-helper patterns. Color and cut out a pattern for each child.

This week you'll add pictures of doctors, nurses, and parents to the bulletin board.

Before this activity, place a small adhesive bandage on Cuddles' leg. Be sure you have an adhesive bandage for each child.

*Bring out Cuddles the Lamb. Be sure Cuddles is wearing an adhesive bandage. Set the adhesive bandages beside you. When you've finished with the script, put Cuddles away, out of sight of the children.*

**Cuddles:** (Showing the children his bandage) Hi! See what I got at the doctor's office?

**Teacher:** That's a special bandage, Cuddles. Did you hurt yourself?

**Cuddles:** No, I didn't hurt myself. My mommy took me to visit the doctor and she listened to my heart go "thump-thump-thump." Then she looked in my mouth, and I said (opening his mouth wide), "baaahhh!" Then the doctor said I was fine, and she gave me this neat-o bandage to wear home!

**Teacher:** That sounds like fun, Cuddles. It's good to have nurses and doctors help us stay well. We've been learning that ► Jesus helps sick people.

**Cuddles:** I helped my mommy wash dishes when she had a cold.

**Teacher:** Good for you, Cuddles. Jesus wants us to help others, especially when they're sick. And right now you can help us put pictures of special helpers on our bulletin board.

**Cuddles:** I'd like that!

*Have Cuddles hand each child a hospital-helper picture. Help children tape the helpers in place on the bulletin board. Each time a child places a picture, lead him or her in saying the Bible Point.*

**Cuddles:** Guess what I have for each of you? I have fun bandages for you to wear. They'll help you remember that ► Jesus helps sick people, and we can, too! (Hands each child a bandage to wear on his or her hand and then tells children goodbye.)

*Help children put on their bandages. Then continue.*

**Teacher:** Now let's sing "The Ah-CHOO Song."

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## ■ Sing It Out

**SUPPLIES:** CD player, facial tissues



Hand each child a facial tissue, then lead children in singing “The Ah-CHOO Song” (track 11) to the tune of “Old MacDonald.” Use the CD and do the motions in parentheses.



**Jesus helps us when we're sick** (*point upward*)  
**And have a cold—ah-CHOO!** (*Pretend to sneeze.*)  
**Jesus helps us when we're sick** (*point upward*),  
**And I can help out, too.** (*Point to yourself.*)

**Cough—cough—'CHOOO!** (*Make coughing and sneezing sounds in place of the words.*)  
**God bless you!** (*Make a slight bow.*)  
**Do you need a tissue, too?** (*Hold out a facial tissue.*)  
**Jesus helps us when we're sick** (*point upward*)  
**And have a cold—ah-CHOO!** (*Pretend to sneeze.*)

(Repeat.)

Say: **Isn't it good that** ► **Jesus helps sick people?** There are lots of ways we can help people feel better, too. We can sing them songs and take them flowers. And we can make them nice things to look at. Let's make some books!



## ■ Bible Craft

**SUPPLIES:** paper; crayons; markers; craft supplies such as glitter glue, glue sticks, stickers, and ribbon and fabric scraps

Before class, fold sheets of paper in quarters to make little “books.” You'll need one book per child.

Set out crayons, markers, and craft supplies such as stickers, glitter glue, glue sticks, and ribbon and fabric scraps. Say: **Sometimes when we're sick, we like someone to read us a story. Let's make books to “read” at home to our families.** Invite children to each decorate the covers of their books with the craft supplies you provided and then to “write” a story on the inside pages.

As they work, remind children how the crippled man's friends helped by taking him to see Jesus. Explain that ► **Jesus helps sick people** and he wants us to care for sick people, too.

When children finish writing their books, say: **It's nice to have someone read us a story when we're sick. Words are made from the letters of the alphabet. And that reminds me of alphabet soup! Soup is another good thing to have when we're sick. We can play a fun game with alphabet letters.**



## ■ Bible Game

**SUPPLIES:** none


Gather children in a circle. Say: **Alphabet soup is delicious to eat when you're sick. We can sing a fun song about alphabet soup. Let's sing an alphabet song!**

Without using the CD, sing the "Alphabet Soup Song" to the tune of "Alphabet Song." Do the motions in parentheses and sing the song through a few times.



**A-B-C-D-E-F-G** (clap as you say each letter),  
**H-I-J-K-L-M-N-O-P** (rub your tummy as you say each letter),  
**Q-R-S-T-U-V** (pat your knees as you say each letter),  
**W-X-Y and Z.** (Hop up and down as you say each letter.)  
**Alphabet soup will do the trick** (rub your tummy),  
**If your tummy's feeling sick.** (Pat your tummy.)





Say: ► **Jesus helps sick people.** God loves us so much he sent Jesus to be with us and help us. And if we believe in Jesus, one day we will be with him forever in heaven. That's a lot of love! Remember how Jesus healed the man's legs in the Bible story? Then the man walked and praised God. Let's walk over to the snack table and praise God with a prayer.

## Closing

### ■ Happy Smiles

**SUPPLIES:** string cheese, napkins

Gather children at the table after they wash their hands.

Ask: • **Who helps sick people?** (Jesus; doctors; we do; nurses.)

Say: **We've been learning that ► Jesus helps sick people.** And just as the man in the Bible story thanked God, we can thank God with a prayer. **Fold your hands.** Pray: **Dear God, thank you for Jesus' love. We're so glad that Jesus cares for us when we're sick. In Jesus' name, amen.**

**Good food can help people feel better when they're sick. Let's have a healthy snack right now to keep us feeling good.** Hand each child a napkin and a piece of string cheese. Hold string cheese in a smiley shape in front of your mouth and say: **See my smile? I'm smiling because I'm so happy that ► Jesus helps sick people—and that we have delicious snacks to gobble up.** Encourage children to make "healthy smiles" with their string cheese.

When toddlers have finished their snacks, remind them to throw their napkins in the wastebasket. Be sure to have children take home their Clothespin Pals, decorated tissue boxes, and little books.





## For Extra Time

If you have a long class time or want to add additional elements to your lesson, try one of the following activities.

### ■ *Help the Hurt*

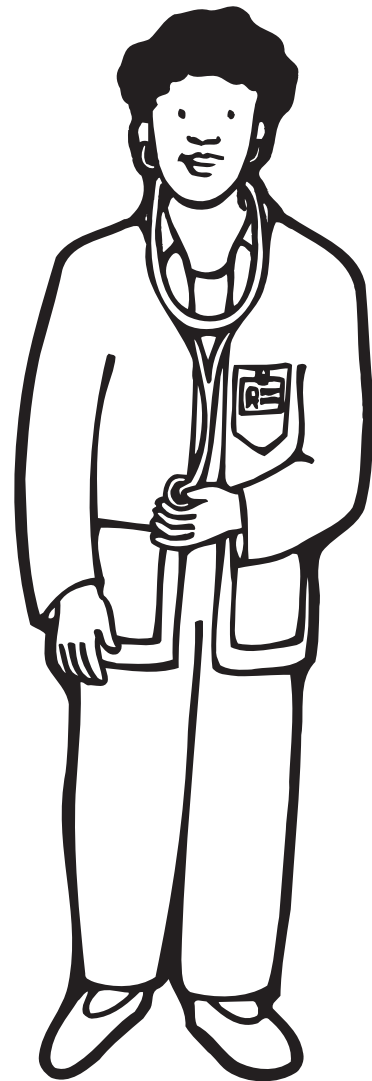
Before class, cut out pictures in magazines of children, babies, and adults. Let toddlers use glue sticks to glue the pictures to paper plates or sheets of paper. Then have children stick small adhesive bandages on the people in the pictures. Each time a bandage is placed, lead children in repeating the Bible Point.

### ■ *Up 'n' Down*

Let children use the Clothespin Pals they made in Option 1 to play a game of Up 'n' Down. Have children stand in a circle, and choose one child to be the Caller. When the Caller says “down,” have the children lower their Clothespin Pals. When the Caller says “up,” have the children raise their pretend pals. Be sure each child has a turn to be the Caller. Remind children that the sick man’s friends brought him to Jesus.

# Patterns

Cut loosely around each pattern instead of cutting exactly on the outlines.



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Cut loosely around each pattern instead of cutting exactly on the outlines.

