

**Bible Point**

# Jesus is alive.

## Bible Verse

Jesus is alive (adapted from Matthew 28:6).

## Growing Closer to Jesus

- Children will
- know that Jesus is alive,
  - learn that Jesus showed us he was alive by moving and talking, and
  - express joy that Jesus is alive.



## Teacher Enrichment

### Bible Basis

- Jesus wants us to know that he's alive.

**Luke**  
**24:1-9, 36-39,**  
**50-53**



In Luke 24:36-39 we read about one of Jesus' many appearances to his disciples after his resurrection. Seeing Jesus alive again was such a shock, it took time for them to believe it was real. Jesus knew how important it was for them to believe and know that he really had come back to life, so he showed them his scars and ate food with them—not the kind of things one would expect from a “ghost” (v. 37)! Toddlers and 2s likewise need to know that Jesus really did come back to life and that he is alive today. Help them understand that Jesus proved concretely that he had risen.

### Prayer

- Read John 20:26-29.
- Have you ever felt like Thomas?
- How did the Lord strengthen your faith at that time?
- Pray: Jesus, I know you rose from the dead and are alive today. Help me to help others, including the little ones I'm teaching, to believe this vital truth by...



Repeating the Bible Point over and over will help the children remember it and apply it to their lives. Help children learn one point that will stay with them for days and even years to come.



Toddlers and 2s need supervision at all times. It's best to have at least two adults in the classroom. The ideal ratio is a minimum of one adult for every three to four children.

## Before the Lesson

- Collect items for the activities you plan to use, referring to the Classroom Supplies and Learning Lab Supplies listed in the chart on the next page.
- Pray for the children in your class and for God's direction in teaching the lesson.

# This Lesson at a Glance

	What Children Will Do	Classroom Supplies	Learning Lab Supplies
<b>Arrival Activities</b>  Direct children to one or more of the optional activities until everyone arrives.	<b>Welcome Time</b> —Receive a warm welcome from the teacher and Cuddles the Lamb.	Name tags (p. 8), marker, tape or safety pins	
	<b>Option 1: Cave Crawl</b> —Crawl and hide in a dark “cave.”	Large cardboard boxes	
	<b>Option 2: Peekaboo, Jesus!</b> —Make a peekaboo craft.	Jesus picture tube pattern (p. 103), heavy paper, tape, scissors	
	<b>Pick-Up Time</b> —Sing a song as they help clean up the room.	CD player	
<b>Bible Story Time</b>	<b>Bible Song</b> —Sing a song about the Bible.	Bible, CD player	
	<b>Jesus Is Alive</b> —Interact with sensory items on the StoryBoard as they hear the story of the Resurrection from Luke 24.	Flashlight, salt, water, pitcher	
	<b>Jesus Is Alive Song</b> —Sing a lively action song celebrating Jesus’ life.	CD player	
<b>Bible Activities</b>	<b>Interactive Bible Bulletin Board</b> —Review the Bible story with Cuddles the Lamb, create a bulletin board together, and learn a lively rhyme.	Baby-animal patterns (pp. 103-104), scissors, tape	
	<b>Sing It Out</b> —Sing a lively action song celebrating Jesus’ life.	CD player	
	<b>Bible Craft</b> —Make happy streamers with colorful paper.	Plastic rings that hold aluminum cans, ribbon or crepe paper, tape, scissors	
	<b>Bible Game</b> —Celebrate Jesus’ life and their own with a special action song.	Happy streamers from Bible Craft	
<b>Closing</b>  	<b>Thanks, God</b> —Say a prayer, and have a snack.	Crackers, bananas, plastic knife, napkins	

\*See the end of this lesson for extra-time ideas and supplies.

# Arrival Activities

## ■ Welcome Time

**SUPPLIES:** name tags (p. 8), tape or safety pins, marker



- Use Cuddles the Lamb to help you greet each child by name and with a warm smile.
- Tape or pin a name tag to each child's clothing.
- Say: **Today we're going to learn that ► Jesus is alive.**
- Place Cuddles out of sight so the children won't be distracted by him during the next activity.



Make sure electrical outlets are covered, electrical cords are hidden, and all chemicals are out of reach of children. The best environment is one that encourages exploration and active learning without limitations imposed by safety issues.

## ■ Option 1: Cave Crawl

**SUPPLIES:** large cardboard boxes

Before class, collect two boxes large enough for children to hide in and crawl through. Be sure the end flaps of the boxes are open.

Set the boxes end to end in one corner of the room. As children arrive, invite them to take turns hiding and crawling through the "cave." Encourage children to be very quiet while they're in the cave. When they pop out, help children say, ► "Jesus is alive." Remind children that after Jesus died, he was put in a tomb that was like a dark cave. But God made Jesus alive, and Jesus is with us all the time.



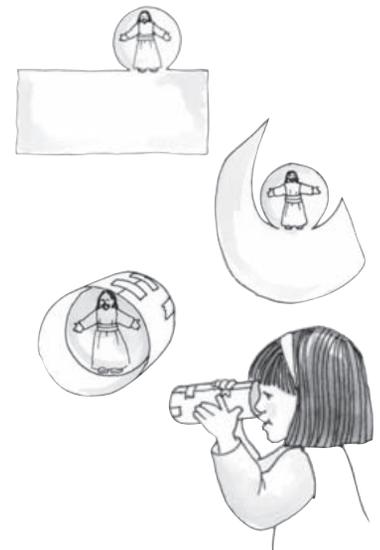
If you wish to provide soothing background music as the children arrive, play a CD of your choice.

## ■ Option 2: Peekaboo, Jesus!

**SUPPLIES:** Jesus picture tube pattern (p. 103), heavy paper, scissors, tape

Before class, photocopy on heavy paper a Jesus picture tube pattern for each child. Cut out the patterns.

Hand each child a Jesus picture tube cutout. Help children roll their cutouts into tubes and tape the edges. Then fold down the pictures of Jesus so they are visible through the tube ends. Tape the pictures to the tubes to secure them. Play a little game by having children cover the open end of their tubes with one hand. While the tubes are covered, ask questions such as "Who's alive?" and "Who loves us all the time?" Then have children peek in the tubes and tell who they see. Tell children that ► Jesus is alive and that he wants us to know he's alive and with us.



## ■ Pick-Up Time

**SUPPLIES:** CD player



As Arrival Activities draw to a close, gently mention that it will soon be time to clean up. Encourage children to help you pick up things in the room as you lead them in singing "Let's Pick Up All Our Things." Use the CD (track 2) and sing the song to the tune of "Looby Loo."



Let's pick up all our things.  
Let's pick up all our things.  
Let's pick up all our things  
And put them all away.

Everyone here can help.  
Everyone here can help.  
Everyone here can help.  
Let's put it all away.

Let's pick up all our things.  
Let's pick up all our things.  
Let's pick up all our things.  
It's time to stop our play.

## Bible Story Time

### ■ Bible Song

SUPPLIES: Bible, CD player

BIBLE VERSE ►



Say: How do we know that Jesus is alive? Matthew 28 in the Bible tells us ► **Jesus is alive.** Show children the Bible. **The Bible is God's special book. The Bible tells us about God. Let's sing a song about the Bible.** Using the CD (track 3), lead the children in singing "God's Special Book" to the tune of "Row, Row, Row Your Boat."



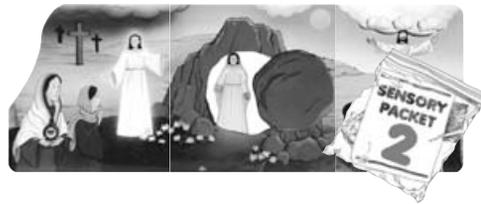
This is God's special book.  
Yes, it's God's book you see!  
I learn about all God has done,  
And his love for me!

(Repeat.)

**Bible!**

### ■ Bible Story: Jesus Is Alive

SUPPLIES: salt, water, small pitcher, flashlight



Before class begins, please check to make sure the sensory items are still attached securely so the children can touch them without the danger of pulling the items off or putting them into their mouths.

#### Panel 1



Before this activity, mix salt and water in a small pitcher. Set a flashlight, the StoryBoard figures of Jesus and the angel, and the eyedropper from Sensory Packet 2 beside you.

Hold the StoryBoard so children see Panel 1, which shows two women and an angel. Say: **Let's hear about the first Easter, when people found out that ► Jesus is alive. Jesus' friends were sad. They were crying. Can you pretend you're crying?** Pause for children to respond. **The women were sad because Jesus wasn't there. Tears**



are sad, aren't they? Tears also taste salty. Let's taste some pretend tears.

Use the eyedropper to place a drop of salt water on each child's finger.

Ask: • **How do tears taste?** (Icky; like salt; good.)

Say: **Jesus' friends cried. They knew that Jesus died on a cross.** Have children touch the cross. Lead them in saying, "I'm sad" each time the cross is touched.

**The women brought spices to care for Jesus' body. Let's smell the spices.**

Hold the StoryBoard down so children can scratch and sniff the spice sticker.

Ask: • **How do the spices smell?** (Good; yummy.)

Say: **Jesus was put in a tomb after he died. Guess who Jesus' friends saw at the tomb? Shine the flashlight behind the angel on Panel 1. They saw a bright angel! The angel said, "Jesus isn't dead anymore. ► Jesus is alive."** Have children clap and repeat the Bible Point with you. **Let's peek in the tomb.**



If you have very young children in your class, ask them just to find and touch different items on each StoryBoard panel instead of doing the activity as written. Ask simple questions such as "Can you find the clouds? How do they feel?" "Where's Jesus?" and "Can you touch the angel?"

### Panel 2



Reveal Panel 2 of the StoryBoard, which shows the tomb and the stone. Cover the hole with the stone. Hold the punch-out angel figure behind the opening.

Ask: • **Oh! What's in front of the cave?** (A big rock.)

Say: **Jesus' friends saw that the stone was rolled away like this.** Move the stone to reveal the open tomb. Then replace the stone. **Now you can roll the stone away and peek inside.** Help each child move the stone. As children peek inside, hold the punch-out angel in the opening and whisper: ► **Jesus is alive!** Replace the stone after each child's turn. When everyone has finished, ask:

- **What did you see?** (An angel.)
- **What did you hear?** ("Jesus is alive.")

Say: **Jesus' friends ran to tell people that ► Jesus is alive. Let's see who they told.**



### Panel 3



Unfold Panel 3 of the StoryBoard, which shows a small group of people and fluffy clouds.

Say: **Jesus' friends wanted to see Jesus and touch him. Suddenly, there was Jesus! The people were scared. Hide your faces as if you're scared.** Pause. **But Jesus said, "Don't be afraid. It's Jesus, I'm alive!" Jesus wanted the people to know**

**he's alive. Jesus wants you to know he's alive, too. Let's take turns giving Jesus a hug.**

Hand the StoryBoard figure of Jesus to a child, and encourage him or her to give Jesus a hug. Help children say, "I love you" as they hug Jesus.



When everyone has had a turn, say: **Jesus talked and walked and ate dinner with his friends. Later Jesus took his friends to a tall mountain. Jesus said a prayer for his friends. He was going to live with God in heaven. If we believe in Jesus, we can live with him in heaven someday, too. The people waved goodbye when Jesus went up to heaven. We'll help this man wave goodbye, too.** Hold the StoryBoard down so each child can make the man's arm move back and forth.



## BIBLE POINT

Then God lifted Jesus up, up, up to heaven. Slide the figure of Jesus through the slit in the clouds. Let's wave goodbye. Jesus' friends thanked God that ► Jesus is alive. Let's sing a song to show how happy we feel that ► Jesus is alive.

## Jesus Is Alive Song

**SUPPLIES:** CD player



Using the CD (track 4), lead the children in singing "We're Happy Jesus Is Alive" to the tune of "London Bridge." For extra fun, do the motions in parentheses as you sing.



### SING

**Jesus is alive today.**

**Clap your hands.** (*Clap your hands.*)

**Shout "hooray!"** (*Cup your hands around your mouth.*)

**Jesus is alive today.**

**We're so happy.** (*Turn around in place.*)

**Jesus is alive today.**

**Touch your toes.** (*Touch your toes.*)

**Shout "hooray!"** (*Cup your hands around your mouth.*)

**Jesus is alive today.**

**We're so happy.** (*Turn around in place.*)

Repeat the song without using the CD. Using the suggestions below, change the second line of the song to create additional verses.

- Turn around.
- Pat your head.
- Touch your nose.
- Tip-tip-toe.



### teacher tips

**Important:** Put the StoryBoard away and out of reach of children.

## Bible Activities

### Interactive Bible Bulletin Board



**SUPPLIES:** baby-animal patterns (pp. 103-104), scissors, tape

Before class, photocopy the baby-animal patterns, and then cut out a baby animal for each child.

Also remove the "Animals" poster from the Learning Lab. Tear off the animal pictures on the perforation, and cut along the dotted lines to separate the pictures.



Lead children to the bulletin board, and bring out Cuddles the Lamb. Go through the following script, and then put Cuddles away out of sight.



**Cuddles:** Hi! Happy springtime! What have you learned today?

**Teacher:** Hi, Cuddles. We've been learning that ► Jesus is alive and that Jesus wants us to know he's alive.

**Cuddles:** Hey, look! I can move and breathe and talk. Can you?

**Teacher:** Children, let's show Cuddles that we're alive and can move and breathe and talk. Take a deep breath...now blow out like the wind. Good! Let's clap to show that we can move. (*Clap three times.*) We're really alive, aren't we? And can we talk? Let's say, "Jesus is alive." Ready? ► Jesus is alive.

**Cuddles:** It's fun to be alive.

**Teacher:** Yes, Cuddles. Just as we can move and breathe and talk, so did Jesus because ► Jesus is alive. Would you like to help us with our bulletin board? We'll add baby animals to our springtime picture. Baby animals are alive.

Have Cuddles hand each child a picture of a baby animal. Help children tape the pictures to the bulletin board. Encourage children to tell the names of the animals and the sounds they make.



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After you put away Cuddles, point to each of the animals and encourage the children to answer the following questions.

Ask: • **What is the name of this animal?** (Kitty, cow, horse, dog, lamb, duck, chick.)

• **What sound does this animal make?** (Meow, moo, neigh, ruff, baa, quack, peep.)

Hold up the jungle animal pictures from the "Animals" poster in turn and ask:

• **What is the name of this animal?** (Hippo, giraffe, tiger, monkey.)

• **What kinds of sounds do you think these animals make?** (Various jungle animal sounds.)

Say: **Those are great animal sounds. Jesus wants us to know that he is alive just like the animals.** Point to the animals on the bulletin board.

**The animals live, and move, and breathe.**

Move your finger around, and point at all of the children. **We live, and move, and breathe, too.** Lead the children in taking a deep breath. **We're alive, just like ► Jesus is alive!**

**Let's play a game while I say a rhyme. When I point to an animal, I want you to pretend to be that animal. Crawl on the floor and make that animal's sound. Then we'll count to three and shout, "Jesus is alive!" Are you ready?**

**X-TRA IMPACT**

Bring in picture books featuring the animals in the rhyme for children to see.



**Kitties meow** (point to a kitty on the bulletin board, and allow the children a few seconds to crawl around and “meow”),

**And calves go “moo.”** (Point to a calf, and allow the children time to crawl around and “moo.”)



**BIBLE POINT** ►

**The animals are alive, and Jesus is, too!**

**One, two, three: ► Jesus is alive!**

**Puppies bark** (point to a puppy, and allow the children a few seconds to crawl around and “bark”),

**And lambs say, “baa.”** (Point to a lamb, and allow the children time to crawl around and “baa.”)



**BIBLE POINT** ►

**The animals are alive, and Jesus is, too!**

**One, two, three: ► Jesus is alive!**

**Ducks go quack** (point to a duck, and allow the children a few seconds to waddle and “quack”),

**And chicks say, “peep.”** (Point to a chick, and allow the children time to waddle around and “peep.”)



**BIBLE POINT** ►

**BIBLE POINT** ►

**The animals are alive, and Jesus is, too!**

**One, two, three: ► Jesus is alive!**

Say: **We know that ► Jesus is alive and that he walked and talked and breathed. Singing and moving to music are good ways to show we’re alive, too. Let’s sing a song about Jesus being alive.**

Place the “Animals” poster pictures back in the Learning Lab for future use.

## ■ Sing It Out

**SUPPLIES:** CD player



Using the CD (track 4), lead the children in singing “We’re Happy Jesus Is Alive” to the tune of “London Bridge.” For extra fun, do the motions in parentheses as you sing.



**SING**

**Jesus is alive today.**

**Clap your hands.** (Clap your hands.)

**Shout “hooray!”** (Cup your hands around your mouth.)

**Jesus is alive today.**

**We’re so happy.** (Turn around in place.)

**Jesus is alive today.**

**Touch your toes.** (Touch your toes.)

**Shout “hooray!”** (Cup your hands around your mouth.)

**Jesus is alive today.**

**We’re so happy.** (Turn around in place.)



**BIBLE POINT** ►

Say: **What a happy song! We can make “happy streamers” to show how glad we are that ► Jesus is alive.**

## ■ Bible Craft

**SUPPLIES:** plastic rings that hold aluminum cans together, scissors, ribbon or crepe paper, tape

Before class, cut apart plastic rings that hold aluminum cans together. Be sure to have a plastic ring for each child. Cut three 8-inch lengths of ribbon or crepe paper for each child.

Say: **Let's make happy streamers to remind us how glad we are that** ▶ **Jesus is alive.**

Hand each child a plastic ring and three streamers. Help children tape the streamers to the rings. As you help the children, make comments such as "It makes us happy to know that ▶ Jesus is alive" and "We can move our happy streamers to show we're alive and to show how glad we are that ▶ Jesus is alive."

Have children wear their happy streamers as bracelets.

Say: **Let's wear our beautiful streamer bracelets as we play a game.**



## ■ Bible Game

**SUPPLIES:** happy streamers from previous activity

Say: **Let's use our happy streamer bracelets to show that we're alive and can move.** Without using the CD, sing "Oh, I Can Shake My Arms" to the tune of "Did You Ever See a Lassie?"



**Oh, I can shake my arms,  
My arms, my arms!  
Oh, I can shake my arms,  
And Jesus can, too!**

**Shake high, shake low,  
Shake fast, shake slow.  
Oh, I can shake my arms,  
And Jesus can, too!**

Create additional verses by shaking your legs, head, and whole body. Remind children that Jesus moved and talked to his friends because ▶ Jesus is alive.





## Closing

### ■ Thanks, God

**SUPPLIES:** bananas, crackers, napkins, plastic knife

Gather children at the snack table. Say: **We've been learning that ► Jesus is alive and that he wants us to know he's alive. We've also learned that people move and talk and breathe when they're alive.**

Ask: • **What else do we do?** (Play; run; jump; sing.)

Say: **We can also pray. Let's say a prayer. Hold hands with the friends beside you.** Pray: **Dear God, thank you that ► Jesus is alive. Thank you that we're alive, too. In Jesus' name, amen.**

**There is something else we can do—we can eat!** Hand each child two crackers and a slice of banana on a napkin. Make banana “sandwiches” by placing banana slices between two crackers. As children eat, tell them that Jesus ate with his friends before going to heaven.

As children leave, be sure they wear their happy streamers home. Encourage children to wave their streamers and tell others that ► Jesus is alive!



## For Extra Time

If you have a long class time or want to add additional elements to your lesson, try one of the following activities.

### ■ Flutter-Bys

Practice the action rhyme you taught children last week. Invite children to wear their happy streamers and pretend the streamers are butterfly wings. “Fly” around the room as you repeat the rhyme a few times.

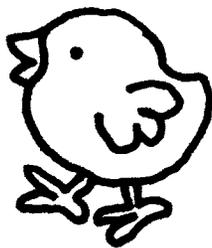
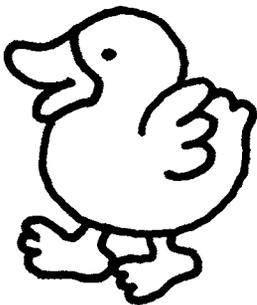
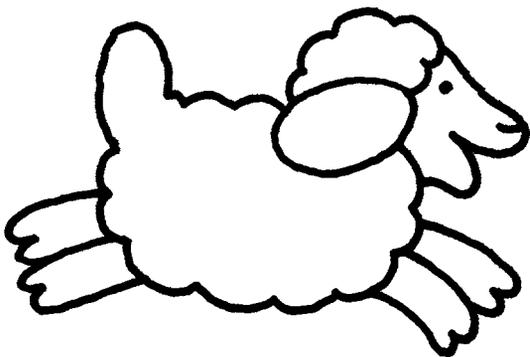
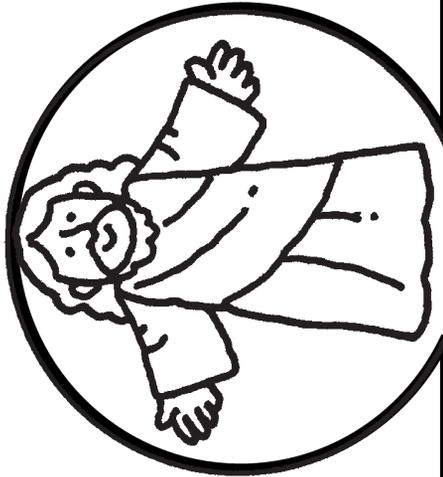
**Butterfly, flutter by,  
Flip, dip, and dive.  
Be happy, little butterfly—  
Jesus is alive!**

### ■ Animals Are Alive

Gather children in front of the bulletin board. Have children take turns pointing to baby animals and naming them. Lead the rest of the children in imitating each animal's sounds and movements. Be sure each child has a turn pointing out an animal.

# Patterns

Cut loosely around each pattern instead of cutting exactly on the outlines.



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Cut loosely around each pattern instead of cutting exactly on the outlines.

